

# Somers Heath Primary School Menu - Spring/Summer 2025 - Week 1

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Italian Beef Bolognese served with Penne Pasta, Homemade Garlic Bread & Sliced Carrots	Chicken Tikka Masala served with Wholegrain Rice, Cauliflower Florets & Naan Bread	Ashlyns Pork Sausage Toad served with Roast Potatoes, Seasonal Vegetables & Gravy	American Style BBQ Chicken served with Pasta Twists & Sweetcorn	MSC Battered Cod served with Oven Chips & Baked Beans
Option 2	Roasted Vegetable & Red Lentil Bolognese served with Penne Pasta, Homemade Garlic Bread & Sliced Carrots	Mexican Bean Wrap served Wholemeal Mexican Rice & Salsa	Quorn Sausage Toad served with Roast Potatoes, Seasonal Vegetables & Gravy	Mozzarella Cheese & Tomato Pin Wheels served with Pasta Salad & Cucumber Sticks	Cheese & Leek Loaded Potato Skins served with Mixed Salad & Coleslaw
Dessert	Organic Fruit Yoghurt or Chocolate Chip Cookie	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or Iced Vanilla Sponge Cake	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or Fruit Flapjack

Week commencing - 21st April, 12th May, 16th June, 31st June, 7th July, 1st September, 22nd September, 13th October

A lot of the dishes can be adjusted to meet specific dietary requirements. Please contact the School for more information

Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.

**ASHLYNS**  
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# Somers Heath Primary School Menu - Spring/Summer 2025 - Week 2

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Chicken Arrabiata Pasta Bake served with Homemade Herby Garlic Bread & Mixed Salad	Pepperoni Pizza/Cheese & Tomato served with a Choice from the Deli Bar Including Potato Salad, Rainbow Coleslaw & Cucumber Sticks	Cajun Chicken served with Sweetcorn, Wholemeal Caribbean Rice & Peas	Ashlyns Beef Burger in a Bun served with Seasoned Potato Wedges & Baked Beans	MSC Fish Fingers served with Oven Chips & Garden peas
<b>Option 2</b>	Macaroni Cheese served with Homemade Herby Garlic Bread & Mixed Salad	Cauliflower & Chickpea Tenders served with a Choice from the Deli Bar Including Potato Salad, Rainbow Coleslaw & Cucumber Sticks	Jerk Chickpea & Roasted Vegetables served with Sweetcorn, Wholemeal Caribbean Rice & Peas	Meat Free Burger in a Bun served with Seasoned Potato Wedges & Baked Beans	Butternut Squash & Cheddar Cheese Roll served with Oven Chips & Baked Beans
<b>Dessert</b>	Organic Fruit Yoghurt or Reduced Sugar Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or Banana Muffin

Week commencing - 28th April, 19th May, 23rd June, 14th July, 8th September, 29th September

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Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water

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# Somers Heath Primary School Menu - Spring/Summer 2025 - Week 3

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Creamy Salmon & Leek Pasta Bake served with Mixed Salad & Coleslaw	Beef Chilli Con Carne served with Wholemeal Rice & Sweetcorn	Roast Chicken with Yorkshire Pudding served with New Potatoes, Seasonal Vegetables & Gravy	Ashlyns Pork Sausage in a Roll served with Chunky Homemade Wedges & Baked Beans	MSC Fish Fingers served with Oven Chips & Garden Peas
<b>Option 2</b>	Cheese & Tomato Pizza served with Mixed Salad & Coleslaw	Sweet & Sour Quorn served with Wholemeal Rice & Sweetcorn	Sweet Potato, Red Pepper & Lentil Risotto served with Seasonal Vegetables	Quorn Sausage in a Roll served with Chunky Homemade Wedges & Baked Beans	Spinach & Feta Cheese Spinokopta served with Oven Chips & Garden Peas
<b>Dessert</b>	Organic Fruit Yoghurt or Cherry Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or St Clements Sponge	Freshly Cut Fruit or Organic Fruit Yoghurt	Organic Fruit Yoghurt or Reduced Sugar Chocolate Brownie

Week commencing - 5th May, 9th June, 30th June, 21st July, 15th September 6th October

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Available Daily ...  
 Jacket Potato with filling  
 Wholemeal bread  
 Choice of salads  
 Water

